

SEVEN RUGBY TOURNAMENT



TORREVIEJA *up*
INTERNATIONAL

REGULATIONS



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- 1.- The tournament will be governed by the competition rules of the Royal Spanish Rugby Federation RFER, and therefore the Rugby Federation of the Valencian Community FRCV (changes, times...)
- 2.- The matches will be played in a first qualifying or group phase. And another second eliminatory phase.
- 3.- Matches are scheduled 15 minutes apart. It is vital to respect that schedule. All teams need to know exactly what their game schedule is.
MAXIMUM PUNCTUALITY AND RESPECT.
- 4.- ALL TEAMS WILL HAVE THE COMPETITION TABLE.
- 5.- The physical warm-up before each match will be done in the rehearsal areas, with great caution so as not to hinder the match being played.
It is recommended that teams do static warm-ups and stretches in areas that they locate within the sports facility.
- 6.- Teams will have to bring their warm-up balls and equipment (strikers, cones, bibs, etc.). It is recommended that they mark them well so that there is no confusion and that we all collaborate so that no ball is lost, the organization will put the game ball
- 7.- Entry to the rugby field facilities is permitted for players, coaches, companions, interested parties or any person who is not actively participating in the Tournament, to witness said Tournament.
- 8.- The organization will have at all times a facility manager on the Rugby field, who can be consulted on any sporting issue.
IT WILL BE MANDATORY to appear at the CONTROL table once we arrive at the rugby field. They will have to fill out some sheets (which will be given to them) with the name and number of each player.
At the same time, the organization will have personnel who will inform where the teams and the public have to access.
There will be people in charge in the hotels for accommodation and food... In addition to the General Coordinator being available at any time, (Patxi 6220606121)
- 9.- There will be some tents that the teams can occupy, BUT THEY WILL NOT HAVE OWNERS. That means that they will not be assigned to any team. We will occupy the tent that we see free. It will be good manners to release her once we have finished our participation. Clean and orderly. At that time, we can leave the facilities to enjoy other activities or sit in the stands of the Rugby field.
- 10.- Saturday's day will be uninterrupted.



- 11.- The tournament will have civil liability insurance, medical insurance, will have an ambulance outside and a physiotherapist.
- 12.- The referees will be provided by the Rugby Federation of the Valencian Community FRCV. This guarantees us the best level.
- 13.- If a player is injured and requires transfer to a hospital, it will be mandatory to provide the player's data to prepare the relevant injury report. for your transfer. Firstly, it will be assessed by the physio. If it is not serious, it will be treated by him.
- 14.- There will be trophies for the top 3 finishers that will be awarded on Sunday at the end of the grand final. It will be mandatory for the teams to stay to receive the prize (important for reasons of fair play, authorities, sponsors...)
All participants will be given a bottle of water as a gift/detail of their participation in the tournament. This will be delivered upon arrival, at the accreditation ceremony.
There will also be a trophy for the best fans, MVP of the final of each category.
- 15.-Extra sports activities will be informed days prior to the Tournament.
In the hotels, there will be monitors who will make us enjoy activities while we are not obliged to play matches.
- 16.- The finals will have the same duration as the rest of the matches. Two 7-minute periods, with a 2-minute break.
In case of a tie, it would be resolved with GOLDEN ESSAY. The first team to get a try wins.
- 17.- Players will be able to refill their water bottles in mineral water drums that will be in the rugby field facilities.
- 18.- With a lot of discipline, order and education, players can take turns enjoying drums of ice. CRYOTHERAPY
- 19.- The basis of the Tournament is: DISCIPLINE
The basis of the Tournament is: DISCIPLINE, RESPECT, INTEGRITY, PASSION, SOLIDARITY, RESPECT, INTEGRITY, PASSION, SOLIDARITY